



KAREN SAKO
OIL & COLD WAX SUPPLY LIST

OIL PAINTS – ARTIST GRADE

- * I use Gamblin oils, but any quality brand works well.
- * Please do not bring student-grade paints (they contain fillers & extenders that affect performance).
- * Bring a mix of opaque and transparent colors for layering—primary and secondary colors are ideal.

My Palette:

- * Quinacridone Red
- * Ultramarine Blue
- * India Yellow
- * Cadmium Yellow
- * Cadmium Orange
- * Cobalt Teal
- * White – Titanium or Titanium/Zinc
- * Chromatic Black (Gamblin) – a neutral, transparent black excellent for mixing/tinting

Also bring:

- * Gamblin or Dorland's Cold Wax Medium (16 oz.)
- * Gamblin Galkyd
- * Small portable palette (glass or wood; disposable paper palettes are fine)
- * Freezer paper
- * Gamsol odorless mineral spirits (the best and truly odorless)
- * Stainless steel leak-proof brush washer
- * Vinyl gloves (no latex — they break down in solvents)
- * Paper towels or rags for cleanup and effects
- * Box tops, plein air panel packs, or wet paint carriers for stacking wet paintings
- * Wax paper
- * Apron

ACRYLIC & FLASHE (FOR UNDERPAINTING AND COLLAGE)

- * Acrylic gel medium for thick collage papers
- * Bring your favorite color plus black and white for first layers (heavy body or fluid)
- * Flashe (vinyl acrylic) is very matte — their copper paint is wonderful!
- * If you don't have acrylics, don't worry — I'll bring some to share! This is a fun, fast way to create quick-drying first layers.*

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PAINT SURFACES

- * Ampersand Gessobord – one 12 x 12" and one 16x16" (cradled or uncradled)
- * Multi Media Artboard Pack – order from Blick -or- Canson Plein Air Mixed Media Art Board Pad - Blick. Tape to a wood panel or drawing board for experimenting. More affordable than primed wood panels.
- * Bring a few old oil or acrylic paintings to rework and build on (old canvases are fine!)
- * Please do not bring canvas paper pads, stretched canvases, or canvas-covered boards.*

COLLAGE PAPERS

- * Bring a few thin papers for layering.
- * Thin papers work best with cold wax; thicker papers can be used earlier with gel medium.

TOOLS & SUPPLIES

- * Brushes – your favorites, plus at least one large oil brush
- * Brayers – 4" or 6" soft rubber (Speedball brand is best)
- * Catalyst Tools / Silicone Squeegees / Messermeister Silicone Bowl Scraper
- * Silicone Color Shapers
- * Palette knives (variety of shapes and sizes)
- * Sketchbook and pencil (for notes and sketches)
- * Painter's tape
- * Wax paper
- * Apron

OPTIONAL MATERIALS

These aren't required but are great additions to your creative toolkit. Bring them if you have them! (Many will be available to try during the workshop.)

- * Gold leaf, pan pastels, charcoal, tissue paper, powdered pigments
- * SpectraFix Fixative (for pastels or pigments)
- * 2–3 oil paint sticks (Shiva brand dries fastest)
- * Tools for texture and effects: cheap chip brushes, vegetable scrubbers, steel wire brushes, pot scrubbers, toothpicks, wood skewers, metal picks, textured paper scraps, steel wool, string, cheesecloth, stencils, old toothbrushes, and other mark-making tools.

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