



KAREN SAKO  
OIL & COLD WAX REQUIRED MATERIALS

OIL PAINTS – ARTIST GRADE

I use Gamblin oils but any quality oil paints works well. Please do not bring student grade with extenders and fillers – there is a difference. Bring a variety of opaque and transparent colors for building layers. A selection primary and secondary colors is best for mixing and experimenting. Bring your favorite colors!

- My Palette : Quin. Red, Ultra Blue, India Yellow, Cad Yellow, Cad Orange, Cobalt Teal, White, White – Titanium or Titanium Zinc, Chromatic Black (Gamblin) – a neutral, transparent black that is great for mixing/tinting
- Gamblin or Dorlands Cold Wax Medium 16 oz. Gamblin Galkyd
- Small portable palette, glass or wood. Disposable paper palettes are okay
- Freezer paper
- Gamsol odorless mineral spirits. This is the best and truly odorless
- Stainless steel leak-proof brush washer
- Vinyl gloves. Do not bring latex as they don't stand up to solvents
- Paper towels/rags for cleanup and effects
- Box tops or Plein Air panel packs or wet paint carriers to carry & stack wet painting
- Wax paper
- Apron
- ACRYLIC and FLASHE Gel Medium for thick collage papers. Please bring your favorite color + black and white to use as a first layer. Heavy Body or Fluid. Flashe is a vinyl acrylic so it's very matte. They have a wonderful copper paint. \*\*\*If you do not have any acrylic paint don't worry, I will be bringing some to share. This is fun and fast way to create a first working layer that will dry quickly.
- PAINT SURFACES Ampersand Gesso Boards - One of each: 11 x 14" and 16 x 16"  
Available in a variety of sizes and pre-primed and high-quality. You can purchase cradled or not.
- Multi Media Boards [www.multimediaboard.com](http://www.multimediaboard.com)  
All mediums, one board. Formulated to hold up to oil and solvents. We will use this for multiple studies and exercises. Tape to a wood panel or drawing board for experimenting and less costly than primed wood panels. Pick up a variety 10 pack. Use special code at checkout: SAKOWKT25 for 15% OFF!!!
- Bring a few old oil or acrylic paintings to rework and keep building layers! An old canvas painting is ok.

POST OFFICE BOX 98  
LAC DU FLAMBEAU  
WISCONSIN 54538

715-588-3143  
[WWW.DILLMANS.COM](http://WWW.DILLMANS.COM)  
[ART@DILLMANS.COM](mailto:ART@DILLMANS.COM)

# Dillman's

## ART WORKSHOP RETREAT

\*\*\*Please do not purchase canvas paper pads, stretched canvas panels, or canvas covered board.

- COLLAGE PAPERS A few thin papers. They works best with cold wax but we can use thicker papers before we use the cold wax and use gel medium to glue them in.
- TOOLS/SUPPLIES
  - Brushes - bring your favorite oil brushes or at least one large brush for oil. Brayers - The types used for printmaking, available in a variety of sizes and widths. 4" or 6" soft rubber brayer. Speedball brand is best and most durable
  - Catalyst Tools/Silicone Squeegees/Messermeister Silicon Bowl Scraper Silicone Color Shapers Palette Knives. Any combination of shapes and sizes for scraping, gouging, etc
  - Sketchbook and pencil for sketches, ideas, and notes
  - Painter's tape
  - Wax Paper
  - Apron
  -

**OPTIONAL MATERIALS** These items help make a complete toolkit for creating paintings using oil and cold wax medium in your studio. Not all of these items are needed for workshop use. If you have them, bring them. Many tools and mediums will be available for trial. Gold leaf, pan pastels, charcoal, tissue paper, powdered pigments. Spectra Fix Fixative if using pastels or powdered pigments.

2-3 oil paint sticks (Shiva dries the fastest)

Other useful tools for textures and effects, such as cheap chip brushes, vegetable scrubbers, steel wire brushes, pot scrubbers, toothpicks, wood skewers, metal picks, textured paper scraps, steel wool, string, cheese cloth, stencils, old toothbrushes, and other mark-making tools.

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