



ART WORKSHOP RETREAT

# Barbara Benda Nagle

## BEGINNING DRAWING AND WATERCOLOR: BIRDS AND WILDLIFE

Sept 2-8, 2019 (Five Teaching Days)

Returning for the 2nd year in 2019

[www.barbarabendanagle.com](http://www.barbarabendanagle.com) **REGISTER NOW**

NOTE: I do offer a custom supply kit for people want all the supplies provided for them. The cost of the supply kit is \$185. The supply kit can be ordered by contacting Barbara directly at [barbara@barbarabendanagle.com](mailto:barbara@barbarabendanagle.com).

Whether this is your first time painting, or if you are a veteran artist, please consider purchasing **professional, high quality materials** as this will make a huge difference in your painting experience. Many artists are concerned about the cost of good materials; however, painting is challenging enough without wrestling with inferior supplies. It will pay off in the long run!

### Drawing Supplies:

- Sketchbook (at least 8.5"x11")
- Pencils: HB (No. 2) and a 6B drawing pencil
- Pencil sharpener

**Paper:** 140 lb. professional watercolor paper- I prefer Arches **100% cotton paper- preferably rough**. Another brand I recommend is Artistic Fabiano. You will need at least **4 sheets** of 22"x30" paper **or** 8 sheets of 22"x 15" paper. We are going to tear them into smaller pieces. Do not cut them. I will demonstrate how to tear paper correctly. If you are familiar with tearing watercolor paper, please tear down to ½ sheets in advance. Those new to painting, please wait for the demo.

**Paints: Professional grade watercolor paint in 15 ml size. Avoid student grade brands** such as Reeves, Van Gogh, Artist's Loft, Daler -Rowney, Cotman – they will not give you vibrancy of color.

**Brands I use and recommend: Daniel Smith, Winsor Newton, Holbein, Da Vinci, American Journey, QOR.** I have listed recommended paints below in the order listed. If you have no paints, please select **only** the first one mentioned in parentheses.

- One tube of yellow (Hansa, Cadmium Yellow, Lemon)
- One tube of blue (French Ultramarine, Cobalt, Cerulean)
- One tube of red (Perylene Red, Carmine, Alizarin Crimson)
- One tube of Payne's Gray or Neutral Tint
- One tube of Quinacridone Burnt Orange or Burnt Sienna
- One tube of Opera Pink (or Permanent Rose)

Other paints are welcome, but for the workshop, these are the essentials.

**Support-(a firm surface to support your watercolor paper) should be at least 11"x15.** Gatorboard OR Masonite boards work well. Plexiglas or foamboard are also acceptable as a supports. I recommend bringing at least **three supports no larger** than 11"x15. **In addition**, If you have masonite that is cut in small sizes, such as 8"x11, please bring at least three of them. We will be doing **many exercises** with 5"x7" sized papers.

### Watercolor Brushes \*

If painting for the first time, make sure you get soft brushes for watercolor and not bristle brushes for acrylic and oil. Test a brush in a store by brushing your cheek with it. If it feels soft, it is likely a watercolor brush. If rough, it is better used for acrylics. I prefer natural hair brushes, but they are expensive. Many synthetic

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sable brushes are very good and can be reasonably priced. One important factor in purchasing a round brush is the point. If it has a nice **point**, it will work fine.

- One large round brush (size 12 to size 14). Sizes vary from brand to brand.\*
- One small round brush (size 8)\*
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**\*I strongly recommend the Silver Brush 3000S Black Velvet Short Handle Sizes 12 and 8- These round brushes have a nice belly and a fine tip so they can be used for washes and for small, detailed work.**

**Palette:** I have used Frank Webb and John Pike plastic palettes, but any will do as long as they have a **lid** for keeping paint moist and a **large** mixing surface. Small, travel palettes are NOT recommended for this workshop.

### Household Items:

- Two containers for water, such as yogurt or cottage cheese containers
- One roll of 1" **masking** tape. (Painter's tape is not recommended.)
- One roll of paper towels (VIVA brand is preferred).
- A household sponge
- A small squirt bottle or misting bottle for spritzing.
- Ultra or Extra Fine Black Sharpie marker

### Extras:

Please bring at least 5 photographs you have taken of a variety of subject matter you would like to paint. Suggested: landscape, flowers, still life objects, animals, birds, figures in action.

### Where do I buy my supplies?

I like to support local art stores, but I often order supplies online due to cost when ordering in quantity. I recommend online art stores such as Jerry's Artarama, DickBlick, Cheapjoe's, Daniel Smith, Amazon.com. Order now so your supplies arrive in time- some take up to 10 days to arrive by mail. **IF YOU PREFER NOT TO ORDER YOUR SUPPLIES, I DO OFFER A SUPPLY KIT FOR YOU TO PURCHASE DIRECTLY FROM ME. COST: \$185 (includes everything on the list above.)**

**Questions:** please contact me by phone at 218-443-1126 or email at [barbara@barbarabendanagle.com](mailto:barbara@barbarabendanagle.com)

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