

# Dillman's

## ART WORKSHOP RETREAT

# Karen Knutson

## PAINTING WITH WILD ABANDON IN ACRYLIC AND PERMANENT MARKERS

June 17-22, 2018 (Four Teaching Days)

Returning for the 3rd year in 2018

[www.karenknutson.com](http://www.karenknutson.com) [REGISTER NOW](#)

Feel free to email Karen if you have any questions: [karen@karenknutson.com](mailto:karen@karenknutson.com)

1. Acrylics: My favorite colors are
  - Nickel Azo Yellow
  - Titanium White (heavy body paint in a tube)
  - Carbon Black
  - Quinacridone or acra Magenta
  - Cobalt Blue
  - Pyrrole Red
  - Yellow Ochre
  - Phthalo Blue (Red Shade)
  - Cerulean Blue Chromium
  - Hansa Yellow Medium (Heavy body paint)

For this process, the liquid acrylics work better than the heavy body acrylics, but bring whatever you already have. \*If you are investing in acrylics for the first time, my advice is to get small liquid acrylics at Michaels: black, blue, green, red, magenta, pink, and yellow. They are really cheap (about \$1) and will be fun to play around with. I enjoy the turquoise small bottled acrylics for the WOW factor. You will need 1 tube of Titanium White heavy body paint.

2. Acrylic matte medium and (an old brush for applying it. I use a 2" cheap brush.)
3. Optional- Gesso (optional)
4. Brushes. If you already have oil painting brushes or acrylic brushes, bring those. I use mainly 3 brushes: 1" flat, ½" flat, and #6 round. Otherwise, I use a big 2 or 3" cheap brush for preparing the paper at the beginning.
5. One sheet Strathmore Aquarius II watercolor 80 lb. paper. I will have these available for you to purchase at the workshop site. Bring a board for support. (I usually cover it with plastic.) We'll be working on quarter sheet sizes.
6. One sheet 140 lb. cold press Arches watercolor paper.
7. Wax paper for your palette or you can buy a disposable palette at the art store.
8. Old Credit cards or plastic cards (I save the ones that I use in hotels). We will be using these to scrape the paint across the surface of the paper. A really FUN procedure!

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9. One bottle of Rubbing Alcohol (make sure it is 91% isopropyl alcohol, available at Walgreens)
10. If you are sensitive to the smell of rubbing alcohol, bring a face mask. I'll try to bring extras too.
11. One bag of Jumbo Cotton balls
12. Qtips
13. Water container (I use big Parkay tubs. Some people use big ice cream buckets)
14. Windex bottle (push button top) for spraying water. Empty Windex out and put water in the bottle. (You can usually find these at Holiday Gas Stations or convenience stores.)
15. Paper towels and/or Kleenex
16. Any special effects tools that you already have. For instance, rubber stamps, or stamps that you have carved yourself. We will be stamping with very small rubber stamps, so if you have any circles or square rubber stamps, bring those. I have lots to share.
17. White chalk OR white Charcoal white pencil, OR Caran d/Ache watersoluble crayons
18. Tracing paper and graphite paper
19. Optional- compass for making circles
20. Notebook, pencil, and eraser
21. Scissors and/or an exacto knife
22. Optional: Plastic gloves for your hands (I don't use them. I'd rather get in there and scratch with my fingernails. Your choice!) I use a Scotch-Brite heavy duty 3M scour pad for getting the paint off my hands.
23. Any gold or metallic acrylic paints that you already have. Again, I have some to share with you.
24. ATG tape, or double stick tape. (Not the ones that look like scotch tape.) Get the ones that are in small dispensers that are available at Michaels in the craft paper area. You may use mine if you'd like.
25. Ruler
26. Pebeo gold Porcelaine outliner paint (in tube) I got mine through the Cheap Joes catalog.
27. 6" Gold foil paper (available through Joggles.com) OR 12.25 inch wide Gold reactive foil (available at Hobby Lobby) (You may buy some from me if you can't find it.)
28. One package of colorful napkins with repetitive shapes on them. Think of checks or dots, or whatever. We will have a napkin exchange and be using these in the collage process.
29. Permanent black markers (ultrafine and fine tips). I use the Sharpie Twin Top markers (available at office supply stores). Bring whatever other markers that you would like to embellish your paintings with. I use gold, black and white mainly for the finishing touches.
30. Old magazines or newspapers to use in collage. (My favorite is Architectural Digest.)
31. Reference photos. My subjects will include birds, animals, dragonflies, outline shapes of people. You may choose other subject matter if preferred or keep completely abstract.
32. If you prefer watercolors, bring those for one of the days. Acrylic artists can still use acrylics on that day.
33. Wear layers, since sometimes it gets too hot for some or too cool for others. Also, bring a protective apron, or wear old clothes. Acrylic is hard to get out of clothing.

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